




















Please be aware that we do use all 14 allergens in our kitchens.  
Although we take every precaution to avoid cross contamination, traces may be present.

## Allergen Information: **Breakfast** | Updated 10/07/2024

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
American Pancakes	M/C		✓	✓									✓	W				BANANA OR BERRIES	
Dairy Free Coconut Yoghurt									M/C	✓						Pistachio	✓	✓	✓
Bubble N Squeak	M/C		✓	✓														✓	✓
Eggs Benedict	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R	ALL				
Eggs & Avocado	M/C		✓	✓	✓	M/C		M/C		M/C			✓	W R	ALL		✓		
Eggs Royale	M/C		✓	✓	✓	✓	M/C		M/C	M/C			✓	W R	ALL				
Eggs Shakshouka	M/C		✓	✓	✓						M/C		✓	W			✓		
Hoburne Classic Breakfast	M/C		SCRAM-BLED	✓	✓	M/C		M/C		M/C			✓	W R	ALL				
The Big Breakfast	M/C		SCRAM-BLED	✓	✓	M/C		M/C		M/C			✓	W R	ALL				
Vegetarian Breakfast	M/C		SCRAM-BLED	✓	POACHED	M/C		M/C		M/C			✓	W R	ALL		✓		
Sammy Breakfast			SCRAM-BLED	✓	✓	M/C		M/C		M/C			✓	W R	ALL				
Smuggles Coco Pops & Milk			✓										✓	BA				✓	
Tommy's Egg & Soldiers			✓	✓	POACHED	M/C		M/C		M/C			✓	W R	ALL			✓	
Coral's Fruit Yoghurt	M/C																✓	✓	✓
Eggs On Toast			✓	✓	POACHED	M/C		M/C		M/C			✓	W R	ALL			✓	
Bacon Roll			✓	M/C		M/C							✓	W BA					
Sausage Roll			✓	M/C	✓	M/C							✓	W BA					
Egg Roll			✓	✓		M/C							✓	W BA					✓
Toast & Butter			✓	M/C		M/C		M/C		M/C			✓	W R	ALL			✓	
Toast, Butter & Tiptree Jam			✓	M/C		M/C		M/C		M/C			✓	W R	ALL			✓	
Toast, Butter & Tiptree Marmalade			✓	M/C		M/C		M/C		M/C			✓	W R	ALL			✓	
Toast, Butter & Marmite	✓		✓	M/C		M/C		M/C		M/C			✓	W R	ALL			✓	
Toast, Butter & Nutella			✓	M/C		M/C		M/C		✓			✓	W R	Hazelnut			✓	




















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 Wheat  Oats  Barley  Rye

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Allergen Information: **Sammy Squad** | Updated 10/07/2024

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
<b>Smaller Tummies</b>																			
Breaded Chicken Goujons	M/C		M/C			M/C					M/C		✓	W					
Breaded Fish Fingers				✓									✓	W					
Grilled Butcher's Sausages					✓								✓	W					
Vegan Quorn Sausages													✓	W			✓	✓	
Larrys Lunchbox	M/C		✓	M/C		M/C		✓					✓	W BA			✓	✓	
Pasta Bowl	M/C		✓										✓	W				✓	
<b>Bigger Appetites</b>																			
4 Oz Gammon & Egg				✓															✓
Battered Fish Fillet	M/C				✓							✓							✓
4 Oz Burger	M/C					✓		M/C					✓	W					
Macaroni Cheese	M/C		✓	M/C			M/C	M/C				✓	✓	W BA				✓	
Mini Mezze	M/C							✓					✓	W			✓	✓	
Add Baked Beans																	✓	✓	✓
Add Garden Peas																	✓	✓	✓
Add Corn On The Cob																	✓	✓	✓
Add Mini Salad												✓					✓	✓	✓
<b>Kids Desserts</b>																			
Kids Chocolate Brownie			✓	✓		✓			M/C				M/C	ALL	ALL			✓	✓
Kids Pancake			✓	✓		✓							✓	W				✓	

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W Wheat O Oats BA Barley R Rye

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## Allergen Information: **Rolls & Wraps** | Updated 10/07/2024

	Celery	Crustaceans	Dairy	Eggs	Fish	Sulphites	Soya	Molluscs	Sesame	Peanuts	Nuts	Mustard	Lupin	Cereals Containing Gluten	Type of Gluten	Type of Nut	Suitable for Vegans	Suitable for Vegetarians	Gluten Free Ingredients
<b>Sandwiches</b>																			
Flaked Tuna Mayo Melt	M/C	✓	M/C	✓		M/C					✓		✓	W BA					
Bourbon BBQ Chick & Bacon Melt	M/C	✓	M/C			✓					✓		✓	W BA					
Coronation Chicken Club	M/C	✓	M/C		✓	M/C					✓		✓	W BA					
Tortilla Wrap - Chicken Goujon	M/C							✓			✓		✓	W BA					
Tortilla Wrap - Falafel	M/C							✓			✓		✓	W BA			✓	✓	
Soft Deli Roll / Pain Rustic Roll			M/C	M/C			M/C						✓	W BA			✓	✓	
Tortilla Wrap													✓	W			✓	✓	
Gluten Free Roll				✓														✓	✓
Sourdough Bread			M/C	M/C			M/C	M/C	M/C				✓	W R	All		✓	✓	
<b>Soup Options</b>																			
Parsnip Apple & Thyme	✓																✓	✓	✓
Thai Sweet Pot & Coconut	✓					✓			M/C	M/C					All		✓	✓	✓
Moroccan Harira Soup	✓										M/C		M/C	All			✓	✓	✓
Carrot & Coriander	✓																✓	✓	✓
Sweet Potato & Butternut	✓																✓	✓	✓
Roast Pepper, Tomato & Basil	✓				✓												✓	✓	✓
Creamy Mushroom & Thyme	✓		✓															✓	✓
French Onion	✓		✓		✓								✓	W BA				✓	✓
Leek & Potato	✓		✓															✓	✓
Leek Pea & Watercress Soup	✓		✓	M/C			M/C				M/C		✓	W BA				✓	✓

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Wheat Oats Barley Rye

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Allergen Information: **Main Menu** | Updated 10/07/2024

<b>Starters</b>																			
Bread, Houmous & Olives			M/C	M/C	✓	M/C	✓			M/C		✓		ALL	ALL	✓	✓		
Vietnamese Pho	M/C					✓					M/C		✓				✓	✓	✓
Crispy Cauliflower Bites	M/C							✓									✓	✓	✓
Thai Style Chicken Wings	M/C						✓	✓					✓	W			✓	✓	
Korean BBQ Wings	M/C						✓	✓			M/C		M/C	ALL					✓
Buffalo Wings	M/C		✓	✓								✓							✓
Jamaican Jerk Wings	M/C			✓			✓					✓	M/C	ALL					✓
Chicken Wing Platter	M/C		✓	✓			✓	✓				✓		W					
Thai Fishcake	M/C	✓			✓		✓	✓				✓		W					
Pain Rustic Roll			M/C	M/C			M/C						✓	W BA			✓	✓	
Soft Deli Roll			M/C	M/C			M/C						✓	W BA			✓	✓	
Gluten Free Roll				✓														✓	✓
Butter			✓															✓	✓
<b>Salads</b>																			
Chicken Caesar Salad	M/C		✓	✓	✓	✓	✓				✓	✓		W R					
Falafel & Feta Salad	M/C		✓			✓				✓	✓	✓		W	Pistachio			✓	
Poke Bowl	M/C							✓				✓					✓	✓	✓
Add Smoked Salmon					✓														✓
Add Sticky Chicken			✓				✓	✓			M/C		✓	W					
Add Firecracker Cauliflower													✓				✓	✓	✓
Garlic Crostini - Croutons			M/C	M/C			M/C						✓	W R			✓	✓	✓




















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	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
<b>Mains</b>																			
Lloyd's Brisket Chilli	M/C		✓								M/C		M/C	ALL					✓
Matt's Sicilian Salmon Linguine	M/C	M/C	✓	✓	✓	✓		M/C		✓	M/C		✓	ALL	Almond				
8 oz Sirloin	M/C		✓								✓								✓
8 oz Gammon & Egg	M/C		✓	✓							✓								✓
Beer Battered Fish Fillet	M/C		✓		✓						✓								✓
The Hoburne Burger			✓		✓						✓		✓	W BA					
Buttermilk Fried Chicken			✓				M/C				✓		✓	W BA					
Sweet Potato Bhaji Burger	M/C		M/C	M/C		✓	M/C				✓		✓	W BA			✓	✓	
Chicken Ham & Leek Pie	✓		✓	✓		✓				M/C	✓					ALL			✓
Keralan Cauli Curry	M/C					✓					✓		✓	W			✓	✓	
Add Chicken Breast																			✓
Add King Prawns		✓																	✓
Bearnaise Sauce	M/C		✓	✓			✓						✓		BA			✓	
Peppercorn Sauce	✓		✓			✓					✓							✓	✓




















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<b>Sunday Roasts</b>																			
Topside of Beef	M/C		✓	✓	✓	M/C							✓	W					
Pork Shoulder & Crackling	M/C		✓	✓	✓	M/C							✓	W					
Half Roast Chicken	M/C		✓	✓	✓	M/C							✓	W					
Roast Leg of Lamb	M/C		✓	✓	✓	M/C							✓	W					
Turkey Breast & Pig in Blanket	M/C		✓	✓	✓	M/C							✓	W					
Layered Vegetable Gratin	M/C		✓	✓		M/C							✓	W			✓	✓	
All Roasts can be modified to contain Gluten Free Ingredients Only By Removing The Yorkshire Pudding & Pig In Blanket																			
<b>Fries &amp; Sides</b>																			
Skin On Fries																	✓	✓	✓
Beer Battered Onion Rings													✓	W BA			✓	✓	✓
Cheesy Garlic Flatbread	M/C		✓										✓	W				✓	
Margherita Flatbread	M/C		✓										✓	W				✓	
Mini Salad Bowl - (No Couscous)											✓						✓	✓	✓
Cheesy Mustard Mash	M/C		✓								✓							✓	✓
Tenderstem Broccoli																	✓	✓	✓
Loaded Chilli Cheese Fries	M/C		✓								✓		✓	ALL				✓	✓
Loaded Thai Fries	M/C		✓					✓										✓	✓
Loaded American Fries	M/C		✓			✓					✓								✓




















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Allergen Information: **Desserts** | Updated 10/07/2024

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients	
<b>Desserts</b>																				
Iced Coconut & Lime Parfait	M/C		✓	✓	✓					✓			✓	W	ALL			✓		
Chocolate Brownie			✓	✓		✓			M/C	M/C			M/C	ALL	ALL			✓	✓	
Sticky Toffee Pudding			✓	✓	✓	M/C							✓	W						
Milen's Portokalopita	M/C		✓	✓		M/C		M/C			M/C		✓	W				✓		
Biscoff Banoffee Sundae	M/C		✓	M/C		M/C			M/C	M/C			✓	ALL	ALL			✓		
Ice Creams - Check New Forest 2024 Brochure for Allergens																				
<b>Smoothies / Milkshakes</b>																				
Berry Go Round																		✓	✓	✓
Pash N Shoot																		✓	✓	✓
Blueberry Thrill																		✓	✓	✓
Milkshake (with Vanilla I/C)			✓	M/C		M/C							M/C	ALL				✓	✓	✓
Ice Creams - Check New Forest 2024 Brochure for Allergens																				




















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## Allergen Information: **Cakes & Bakes** | Updated 10/07/2024

	 Celery	 Crustaceans	 Dairy	 Eggs	 Fish	 Sulphites	 Soya	 Molluscs	 Sesame	 Peanuts	 Nuts	 Mustard	 Lupin	 Cereals Containing Gluten	 Type of Gluten	 Type of Nut	 Suitable for Vegans	 Suitable for Vegetarians	 Gluten Free Ingredients
<b>Traybakes</b>																			
GF Chocolate Brownie			✓	✓		✓				M/C						All		✓	✓
GF Lemon Drizzle Frangipane			✓	✓							✓					Almonds		✓	✓
GF Raspberry And Almond Flapjack									M/C	M/C						All	✓	✓	✓
GF Billionaire Brownie			✓	✓		✓			M/C	M/C						All		✓	✓
Honeycomb Toffee Tiffin			✓			✓			M/C	M/C			✓	W		All		✓	
Rocky Road			✓			✓			M/C	✓			✓	W		Walnut		✓	
Biscoff Flapjack			✓			✓			M/C	M/C			✓	W		All		✓	
Biscoff Millionaire			✓						M/C	M/C			✓	W		All		✓	
Millionaire Shortbread			✓			✓			M/C	M/C			✓	W		All		✓	
<b>Muffins &amp; Cookies</b>																			
Muffin Tulip Triple Chocolate			✓	✓		✓		M/C					✓	W					✓
Muffin Tulip Blueberry			✓	✓		M/C		M/C					✓	W					✓
Muffin Vegan Lemon Poppyseed			M/C	M/C		M/C							✓	W			✓	✓	
Muffin Vegan Mixed Berry			M/C	M/C		M/C							✓	W			✓	✓	
Cookie Vegan Chocolate			M/C	M/C		✓							✓	W			✓	✓	

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<b>Cakes</b>																			
Vegan Chocolate Cake			M/C	M/C		✓			M/C	M/C			✓	W			✓	✓	
GF Carrot Cake			✓	✓						✓						ALL		✓	✓
GF Cappuccino Cake			✓	✓		✓				M/C								✓	✓
GF Victoria Sponge Cake			✓	✓						M/C						ALL		✓	✓
GF Ginger Cake			✓	✓						M/C						ALL		✓	✓
Courgette & Lime Cake			✓	✓						✓			✓	W		ALL		✓	
Luxury Cranberry Teacake			M/C	✓		M/C							✓	W				✓	
Scioche Scone			✓	✓		M/C							✓	W				✓	
<i>With Jam</i>																		✓	
<i>With Clotted Cream</i>			✓															✓	

















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## Allergen Information: **Hot Drinks** | Updated 10/07/2024

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Americano																	✓	✓	✓
White Americano			✓															✓	✓
Cappuccino			✓															✓	✓
Latte			✓															✓	✓
Mocha			✓															✓	✓
Espresso																	✓	✓	✓
Flat White			✓															✓	✓
Hot Chocolate			✓															✓	✓
Luxury Hot Chocolate			✓															✓	✓
Tea With Milk			✓															✓	✓
Flavour Tea																	✓	✓	✓
Babyccino			✓															✓	✓
Oat Milk													✓	○				✓	✓
Soy Milk						✓												✓	✓
Almond Milk										✓						Almonds		✓	✓
Coconut Milk																		✓	✓
Syrup Amaretto																		✓	✓
Syrup Caramel																		✓	✓
Syrup Hazelnut										✓						Hazelnut		✓	✓
Syrup Salted Caramel																		✓	✓
Syrup Vanilla																		✓	✓

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