Holidays

Allergen Information: Breakfast | Blue Anchor | Updated 25/09/24

	/	/ 2	/	/ /	/		7 /	7	/ ,	/ /		* /	//	7
		Crustaceans					C Restructs (Nutrs)	Mustary (a)					Sulfah.	(
American Pancakes	M/C									<u> </u>			BANANA	
Hoburne Classic Breakfast	M/C	1	1	/	1				1	W BA		-		
Vegetarian Breakfast	M/C	1	1	POACHE					/	W BA			/	
Bacon Roll		/	M/C		M/C				/	W BA				
Sausage Roll		1	M/C	/	M/C				/	W BA				
Quorn Sausage Roll		M/C	M/C		M/C				/	W BA		1	/	
Egg Roll		1	1		M/C				/	W BA			/	
Eggs on Toast		1	1		1				/	W BA			/	
Baked Beans on Toast		1			1				/	W BA			/	
Toast & Butter		1			1				/	W BA			1	
Toast, Butter & Tiptree Jam		1			1				/	W BA			/	
Toast, Butter & Tiptree Marmalade		1			1				1	W BA			1	
Toast, Butter & Marmite	/	1			1				/	W BA			/	
Toast, Butter & Nutella		1			1		1		/	W BA	Hazelnut		1	
Farmhouse White					1				/	W		1	/	
Farmhouse Brown					1				/	W BA		1	/	
Farmhouse White & Brown May Contain Traces Of Wheat, Oats, Rye & Barley														
English Muffin					1	M/C			/	W		1	/	
Pain Rustic/deli Roll		M/C	M/C		M/C				/	W BA		1	/	
Gluten Free Roll			/										/	1











Allergen Information: Sammy Squad | Blue Anchor | Updated 25/09/24

		/ &		7	/	7	 /	7 /	/		······································	/	÷ /	/	/ , ,
	\$		/ /	/ /	/	Sallohites (2)		\$2 / J	1970	Syp	Suitening 77000		Suitable 1	76 To	
				8		3 / 3			Wustara					30 / J.S.	
											/ 👺				(FF)
Beef Lasagne		1	M/C		M/C	M/C	/	•			W				
Vegetable Lasagne	/	/	M/C			M/C	/		/	/	W			1	
Jacket Potato With Beans/cheese	M/C	1					/		/					/	1
Breaded Fish Fingers				1						/	W				
Breaded Chicken Goujons	M/C	M/C				M/C	/	M	/C	/	W				
Grilled Butcher's Sausages					1					/	W				
/egan Quorn Sausages										/	W		/	/	
Add Baked Beans													/	/	/
Add Garden Peas													/	/	/
			I	J	L									J	









Holidays

Allergen Information: Mains | Blue Anchor | Updated 25/09/24

		/	/ 5	/	7	/	7	/ /	/ /	/ /	/ /	/ _ /	/	/	, , , ,	\$ 2 / S
	/	\ \&\	Tustaceans	/ /	's /	_ /	Sulphites	Nolliuss.	Sesame	Nuts are		Suttaining Style of Style of		< / / J	Suitabi	Solution Fr
			15/		\$ / 4	£ 1							3	3-		
Mains																
Fish N Chips	M/C			1	1				/	/	/	W				
Scampi & Chips	M/C	1		1	M/C			M/C	/	/	/	W				
Sausage Egg & Chips				1		1					/	W				
Vegan Quorn Sausage & Chips											/	W		/	1	
Gammon Ham Egg & Chips				1		1										1
Chicken Goujons & Chips	M/C		M/C				M/C		1	1	/	W				
Fish Finger Sandwich & Chips	M/C		1		1		1		/	/	/	W BA				
Jacket Potatoes																
With Butter	M/C		1						/	/					1	1
With Cheese & Beans	M/C		1						/	/					1	1
With Chilli Con Carne	M/C		1						/	/	M/C	W				1
With Tuna & Cheese	M/C		1	1	1				/	1						1
With Prawn Marie Rose	M/C	1	1	1					/	/						1
With Coronation Chicken	M/C		1	1		1			/	/	M/C	W				1
Blackboard Specials																
Beef Lasagne	1		1	M/C			M/C		/	/	/	W				
Vegetable Lasagne	1		1	M/C			M/C		/	1	1	W			1	
Penang Vegetable Curry						1					/	W		1	/	
Beef Madras Curry	/					1					/	W				
Chilli Con Carne			1						/	M/C	M/C	W				1
The Bay Fish Pie		1	1		1											1
Classic Nachos			1												/	1











Allergen Information: Mains | Blue Anchor | Updated 25/09/24

		/	7 5	/	7	/	7	/ /	/ /	/ /	/	/ /	 	/ (2 /
	/	/ & /	Sustaceans	//	/ /	/	Sulphites		37 84 37			Suttaining Suttaining Type or		1 Sullabor 1 Vessel for 1 Sullabor 1 Vessel for 1 Sullabor 1 Sulla
	(3)		3		8 / 4				Sesame Sesame Penuts	Nuts Musta		Surfaining South States of		
														V GFI
Rolls														
Flaked Tuna Mayo Melt	M/C		1	1	1		M/C		/	/	/	W BA		
Coronation Chicken & Baby Gem	M/C		1	/		/	M/C		/	/	/	W BA		
Prawn Marie Rose W/ Salad	M/C	1	1	1			M/C		/	/	/	W BA		
Egg Mayonaise & Salad	M/C		1	/			M/C		/	/	/	W BA		√
Gammon Ham & Tomato	M/C		1	M/C			M/C		/	/	/	W BA		
Cheese & Chutney	M/C		1	M/C		1	M/C		/	V	1	W BA		/
Brie, Bacon & Cranberry	M/C		1				M/C		/	/	1	W BA		
Sandwiches														
Flaked Tuna Mayo Melt	M/C		1	1	/		/		/	/	/	All		
Coronation Chicken & Baby Gem	M/C		1	1		1	1		 	V	/	All		
Prawn Marie Rose W/ Salad	M/C	1	1	1			1		/	/	/	All		
Egg Mayonaise & Salad	M/C		1	1			1		/	/	/	All		√
Gammon Ham & Tomato	M/C		1				/		V	1	/	All		
Cheese & Chutney	M/C		1			/	/		V	/	/	All		√
Brie, Bacon & Cranberry	M/C		1				1		/	/	/	All		











Allergen Information: Cakes & Bakes | Blue Anchor | Updated 25/09/24

	Sup				/. /			0 /		<i>t</i> y /	/ .ob /	, 54 /
										Self Marins	Suitable	\$\langle \sqrt{\frac{\sqrt{\sq}\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sq}}}}}}}}}\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sq}}}}}}}}}\signt{\sqrt{\sq}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}
raybakes												
GF Chocolate Brownie	1	1	•	/		M/C			All		1	/
GF Lemon Drizzle Frangipane	1	/				/			Almonds		/	/
GF Raspberry And Almond Flapjack					M/0	M/C			All	1	/	1
GF Billionaire Brownie	1	/	•	/	M/0	M/C			All		1	1
Gf Pecan & Walnut Slice	1	/				/			All		1	1
Honeycomb Toffee Tiffin	1		•	/	M/0	C M/C	/	W	All		/	
offee Crisp	1		•	/	M/0	M/C	/	W	All		/	
Rocky Road	1		•	/	M/0	M/C	/	W	All		1	
Brookie Traybake	1	1	v	/	M/0	M/C	/	W	All		1	
Biscoff Flapjack	1		•		M/0	M/C	/	W	All		/	
Caramel Nut Slice	1	M/C	•	/		1	/	All	All		1	
Cherry & Almond Slice	1	/				1	 /	W	All		1	
ruit & Nut Slice	1		•	/		1		W	All		/	
Millionaire Shortbread	1		•	/	M/0		/	W	All		1	











Allergen Information: Cakes & Bakes | Blue Anchor | Updated 25/09/24

	 	7 5	/	7 /		/ /	/	7	/ /		· /		×. / .	7.6/
				8 / 5	Sulphites		\$ \\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Ceanuts N.#	Stard	ric Sign	Suttenting 7700 or Suffer or	77.00 of 1) Suitable for	Suitable for Control of Control o
	9° / 5° 0 / 😂 /								Whistory of the property of th					(a) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c
Cakes														
_emon Drizzle Cake	 	/	/		1			M/C		1	W	All	•	/
Chocolate Fudge Cake		/	/		/		M/C	M/C		/	W	All	•	
Victoria Sponge Cake		/	/					M/C		/	W	All	v	
GF Carrot Cake		/	/					/				All	•	
Carrot Cake		/	/					1		1	W		v	
Passion Cake		/	/					/		1	W		v	
Red Velvet Cake		/	/		1		M/C	M/C		1	W	All	•	
/egan Chocolate Cake			M/C		/		M/C	M/C		/	W			
GF Victoria Sponge Cake		/	/					M/C				All	v	
GF Ginger Cake		/	/					M/C				All	v	
Courgette & Lime Cake		/	/					1		/	W	All	v	
GF Cappuccino Cake		/	/		1			M/C					v	/ /
Scioche Scone		/	/		M/C					/	W		·	
With Jam													·	
With Clotted Cream		/												











Allergen Information: Cakes & Bakes | Blue Anchor | Updated 25/09/24

	M/C M/C		M/C M/C M/C M/C	M/C M/C							(1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
✓ ✓ ✓ M/C	/ / / / / / / / / / / / / / / / / / /		M/C M/C M/C M/C	M/C M/C		€) (€)	W W W W W W W W W W W W W W W W W W W			<i>y y y</i>	
✓ ✓ ✓ M/C	/ / / / / / / / / / / / / / / / / / /		M/C M/C M/C M/C	M/C M/C		€) (€)	W W W W W W W W W W W W W W W W W W W	\(\sigma_{\infty}^{\infty}\)	VID VID	<i>y y y</i>	37 33 5
✓ ✓ ✓ M/C	/ / / / / / / / / / / / / / / / / / /		M/C M/C M/C M/C	M/C M/C		€) (€)	W W W W W W W W W W W W W W W W W W W		/ (10)	<i>y y y</i>	(P)
✓ ✓ ✓ M/C	/ / / / / / / / / / / / / / / / / / /		M/C M/C M/C M/C	M/C M/C		\frac{1}{3}	w w w			<i>y y y</i>	
J J M/C M/C	/ / / M/C M/C		M/C M/C M/C M/C	M/C		<i>J J J J J</i>	w w w			<i>y</i>	
/ / / M/C M/C	/ / / M/C M/C		M/C M/C M/C			<i>y y y y</i>	w w w			<i>y</i>	
/ / / M/C M/C	M/C		M/C M/C	M/C		<i>S S</i>	w w			√	
M/C	M/C		M/C M/C	M/C		<i>y y y</i>	w				
M/C M/C	M/C		M/C	M/C		1					
M/C	M/C					/	W				
			14.60								
M/C	./		M/C			/	w		/	1	
	V		M/C			/	W			/	
M/C	M/C		/			/	W		/	/	
1	1		/			/	W			1	









Holidays

Allergen Information: Hot Drinks | Blue Anchor | Updated 25/09/24

		Supple	/ ,	/ ,	/ ,	/ 8 /	/ ,	/ 5 /	/ m /	/ /	/ /	/ /	/ /		G.			, b	1 2 jei 1 2 jei 1
		Crustaceans	Calify			Sulphites		20/1/1/20	Sallie Post	String St				Slutening 7	silution	(S)	The Republic	Salas Sullah	Godanians Silute
													/ 👺 _/						
Americano																	1	1	1
White Americano		1																1	1
Cappuccino		1																/	/
Latte		1																/	/
Mocha		1																1	1
Espresso																	/	1	1
Flat White		1																1	1
Hot Chocolate		1																1	1
_uxury Hot Chocolate		1																1	/
Геа With Milk		1																/	/
Flavour Tea																	1	1	1
Babyccino		1																1	1
Oat Milk													/	0			1	1	
Soy Milk						/											1	1	1
Almond Milk										/					Aln	nonds	/	1	1
Coconut Milk																	/	1	1
Syrup Amaretto																	1	1	1
Syrup Caramel																	/	1	1
Syrup Hazelnut										/					Haz	zelnut	/	/	1
Syrup Salted Caramel																	/	/	1
Syrup Vanilla																	/	/	1







